

TABLE OF CONTENTS

	PREFACE	v
	NOTE TO THE READER	x
Chapter 1.	INTRODUCTION	1
	1-1. Chemical Shift	1
	A. Intramolecular Factors Affecting Chemical Shift	3
	B. Effects of Concentration, Temperature and Solvent	4
	1-2. General Features and Resolution of Steroid Spectra	5
	1-3. Spin-Spin Coupling	9
	1-4. Integration	11
Chapter 2.	METHYL RESONANCES	13
	2-1. Introduction	13
	2-2. C-18 and C-19 Methyl Resonances	14
	A. Additivity of Chemical Shifts	14
	B. Reasons for Additivity of Chemical Shifts	24
	C. Deviations from Additivity	25
	D. Symmetry Considerations	29
	2-3. Other C-Methyl Resonances	32
	A. Methyl Attached to Carbonyl and Double Bond Functions	32
	B. Secondary and Primary Methyl Groups	34
	2-4. Methyl Groups Attached to Electronegative Atoms	39
	2-5. Conclusion	40
Chapter 3.	METHYLENE, METHINE AND OLEFINIC PROTONS. BASIC CONCEPTS	42
	3-1. Introduction	42
	3-2. Simple Spin-Spin Splitting Patterns	42
	A. AB Systems	42
	B. ABX Systems	46
	3-3. Difference in Chemical Shift Between Axial and Equatorial Protons	47
	3-4. Factors Affecting Coupling Constants	49
	A. Vicinal Protons	49
	B. Geminal Protons	54

Chapter 4.	METHYLENE, METHINE AND OLEFINIC PROTONS. EFFECTS OF SPECIFIC FUNCTIONAL GROUPS	63
4-1.	Introduction	63
4-2.	The Carbonyl Function	63
	A. Ketones	63
	B. Aldehydes and Formates	76
4-3.	Alcohols and Acetates	77
4-4.	Double Bonds	85
	A. Olefinic Protons	85
	B. Allylic Protons	88
	C. Long-Range Effects	88
	D. α,β -Unsaturated Ketones	89
	E. 1,2-Diketones	93
	F. 1,3-Dicarbonyl Compounds	94
	G. Aromatic Protons	96
4-5.	Ethers	99
	A. Epoxides and Episulfides	99
	B. Ethylene Ketals, Naphthodioxanes and Methyleneedioxy Groups	102
Chapter 5.	LONG-RANGE SPIN-SPIN COUPLING	108
5-1.	Introduction	108
5-2.	Allylic Coupling	108
5-3.	Homoallylic Coupling	110
5-4.	Long-Range Coupling in Acetylenes	114
5-5.	Coupling through 4σ -Bonds	115
5-6.	Coupling through Carbonyl	121
5-7.	Fluorinated Steroids	123
	A. Coupling between Fluorine and Angular Methyl Protons	123
	B. Allylic ($\overset{\text{F}}{\underset{ }{\text{C}}}-\overset{\text{H}}{\underset{ }{\text{C}}}=\overset{\text{H}}{\underset{ }{\text{C}}}$) and "Through Carbonyl" ($\overset{\text{F}}{\underset{ }{\text{C}}}-\overset{\text{H}}{\underset{ }{\text{C}}}-\overset{\text{H}}{\underset{ }{\text{C}}}$) H-F Coupling	130
5-8.	Miscellaneous Fluorinated Steroids	131
Chapter 6.	THE DETERMINATION OF CONFIGURATION AND CONFORMATION	135
6-1.	Introduction	135
6-2.	Theoretical ABX Spectra	135
6-3.	Methods for Evaluation of J_{AX} and J_{BX} in ABX Systems	139
	A. Determination of Spectra at Two Field Strengths	139
	B. Double Resonance Employing Weak Perturbing Radio-Frequency Fields	140
	C. Use of Deuterium	142
	D. Complete Analysis of ABX Spectra	144
6-4.	Use of the First-Order Approximation	148
6-5.	Use of the Positions of Angular Methyl Resonances	151
6-6.	Miscellaneous Results	152
6-7.	Conclusion	156

Chapter 7.	SOLVENT EFFECTS	159
7-1.	Introduction	159
	A. Non-Aromatic Solvents	159
	B. Aromatic Solvents	161
7-2.	Effect of Benzene on Methyl Resonances	163
	A. Angular Methyl Groups	164
	B. Methyl Groups Adjacent to Carbonyl	165
	C. Methyl Ketones and Acetates	170
7-3.	Effect of Benzene on Protons Adjacent to Carbonyl	172
7-4.	Analysis of Complex Spin-Spin Coupling Patterns	176
7-5.	Effect of Pyridine on Methyl Resonances	180
7-6.	Conclusion	181
Chapter 8.	MISCELLANEOUS TOPICS	183
8-1.	Effects of Substituents upon the Chemical Shifts of Neighboring Protons in Cyclic Systems	183
8-2.	The Chemical Shift of Cyclopropyl Protons	190
Index		192