

# CONTENTS

<i>Preface</i>	xiii
<b>BOOK ONE: A MODEL OF BEING</b>	<b>1</b>
<b>Part I: Introduction</b>	<b>3</b>
CHAPTER 1 The Need for Philosophy in Psychotherapy	5
<b>Part II: Philosophy As Phenomenology</b>	<b>23</b>
CHAPTER 2 The Philosophic Background: Phenomenology and the Theory of Knowledge	25
CHAPTER 3 The Philosophic Background: Phenomenology and the Theory of Knowledge (continued)	45
<b>Part III: The Phenomenological Model of Being</b>	<b>57</b>
CHAPTER 4 The Phenomenological Model of Being	59
CHAPTER 5 Reflection and the Mind-Body Polarity	67
CHAPTER 6 Transcendental Consciousness	77
CHAPTER 7 Metaphor for the Mind-Body Polarity and Its Consequences	84
CHAPTER 8 The Individual-Universal Polarity	95
CHAPTER 9 A Bipolar Personality Theory: Its Explanatory Power	108
<b>Part IV: Three Philosophic Facts</b>	<b>143</b>
CHAPTER 10 Philosophic Fact One: Mysticism and Altered States of Consciousness	145
CHAPTER 11 Consequences of Integrating Philosophic Fact One	158
CHAPTER 12 Philosophic Fact Two: Individualism and the Scientific Outlook	167
CHAPTER 13 Techniques for the Constitution of the Individual	186
CHAPTER 14 Philosophic Fact Three: Polarity	202



<b>Appendices</b>		<b>491</b>
APPENDIX A	A Bill of Rights on Death: Twenty Philosophic Points	493
APPENDIX B	Twenty Steps Toward Individuality	495
APPENDIX C	Moral Education As an Answer to Crime	499
APPENDIX D	Revelations of Anxiety	509
APPENDIX E	The Master Table	511
APPENDIX F	Meditation, Physics, and Phenomenology	517
APPENDIX G	The New Image of the Person: The Theory and Practice of Clinical Philosophy	523
APPENDIX H	Simplified Outline of the Practice of Clinical Philosophy	535
<i>Selected Bibliography</i>		537
<i>Index</i>		559