

CONTENTS

THE BEATITUDES

<i>The Essence of the Essence</i>	11
<i>The Divine Bliss</i>	15
<i>The Bliss of the Destitute</i>	20
<i>The Bliss of the Broken-hearted</i>	29
<i>The Bliss of the Disciplined Self</i>	38
<i>The Bliss of the Starving Soul</i>	48
<i>The Bliss of the Kind Heart</i>	60
<i>The Bliss of the Pure in Heart</i>	76
<i>The Bliss of the Breaker-down of Barriers</i>	86
<i>The Bliss of the Martyr's Pain</i>	101
<i>The Epilogue</i>	125

THE LORD'S PRAYER

<i>Foreword</i>	135
<i>Introduction</i>	137
<i>A Praying People</i>	141
<i>Our Father</i>	157
<i>Hallowed be Thy Name</i>	174
<i>Thy Kingdom Come</i>	191
<i>Thy Will be Done</i>	206
<i>Give Us This Day Our Daily Bread</i>	216
<i>Forgiven and Forgiving</i>	226
<i>The Ordeal of Temptation</i>	240
<i>Epilogue</i>	255