

Contents

I. Introduction

1. Understanding and Developing Psychotherapy Groups for Medically Ill Patients 3
James L. Spira

II. Preventing Onset and Recurrence of Illness

2. Cognitive-Behavioral Intervention for Persons with HIV 55
Michael H. Antoni
3. Reducing Coronary Recurrences and Coronary-Prone Behavior: A Structured Group Treatment Approach 92
Carl E. Thoresen and Paul Bracke

III. Coping With Life-Threatening Illness

4. Brief Coping-Oriented Therapy for Patients with Malignant Melanoma 133
Fawzy I. Fawzy, Nancy W. Fawzy, Christine S. Hyun, and Jennifer G. Wheeler
5. Existential Group Therapy for Advanced Breast Cancer and Other Life-Threatening Illnesses 165
James L. Spira

IV. Treating Behaviors that Interfere with Health

- | | |
|---|-----|
| 6. Group Psychotherapy for the Treatment of Bulimia Nervosa and Binge Eating Disorder: Research and Clinical Methods
<i>Denise E. Wilfley, Carlos M. Grilo, and Judith Rodin</i> | 225 |
| 7. Interactive Group Therapy for Substance Abusers
<i>Robert A. Matano, Irvin D. Yalom, and Kim Schwartz</i> | 296 |
| Index | 327 |