

CONTENTS

Preface	<i>xi</i>
Part 1	
Overview	
1/Toward a Psychology of Therapeutic Persistence <i>John J. Steffen and Paul Karoly</i>	3
Part 2	
Learning Theory Foundations	
2/Maintenance and Generalization of Institutional Behavior Modification Programs <i>Robert W. Wildman II and Robert W. Wildman</i>	27
3/Maintenance and Generalization of Individual Behavior Therapy Programs <i>Steven T. Fishman and Barry S. Lubetkin</i>	71
4/Follow-Up Assessments in Behavior Therapy <i>Eric J. Mash and Leif G. Terdal</i>	99
Part 3	
The Interface of Person, Environment, and Time	
5/On the Maintenance and Generalization of Change in Behavior Therapy and Behavior Modification Programs: A Commentary <i>Paul L. Wachtel</i>	151

6/The Structured Learning Analysis of Therapeutic Change and Maintenance <i>Raymond B. Cattell</i>	163
7/Person Variables in Therapeutic Change and Development <i>Paul Karoly</i>	195
8/Self-Management and Therapeutic Maintenance: Theory and Research <i>Sharon M. Hall</i>	263
9/Change is Normal: Adult Development Theory, Research, and Clinical Application <i>Edward B. Klein</i>	301

Part 4

Dyadic, Social, Ecological, and Political Systems

10/Reciprocal Role Training: Therapeutic Transfer as Viewed From a Social Psychology of Dyads <i>J. T. DeVoge</i>	335
11/A Social Psychological Perspective on the Maintenance of Therapeutic Change <i>Sharon S. Brehm and David A. McAllister</i>	381
12/Modifying Settings as a Strategy for Permanent, Preventive Behavior Change: Flexible Work Schedules and the Quality of Family Life <i>Richard A. Winett and Michael S. Neale</i>	407
13/Psychology, Health Planning, and Community Maintenance Programs <i>William R. Meyers and Mark Kempner</i>	437
Author Index	471
Subject Index	485