

Contents

List of illustrations xiv

Chronology xv

- 1 Confucius (551–479 BCE) and his legacy:
An introduction 1
- 2 The individual and self-cultivation in the teachings
of Confucius 16
- 3 Government in Confucian teachings 33
- 4 Variety within early Confucianism 48
- 5 The reorientation of the Confucian tradition after 1000 CE:
The teachings of Neo-Confucianism 70
- 6 Confucianism in practice 87

Epilogue: Confucianism in the twentieth and
twenty-first centuries 112

References 121

Further reading 125

Index 130