

Contents

CHAPTER 1: Taking It from the Top <i>or "The Hills Are Alive . . ."</i>	I
Music and poetry. The two uniquely human components of the music brain.	
CHAPTER 2: Friendship <i>or "War (What Is It Good For)?"</i>	41
Social bonding, synchronous coordinated movement, the evolution of emotional bonding, protest music for group cohesion.	
CHAPTER 3: Joy <i>or "Sometimes You Feel Like a Nut"</i>	83
The first song. Neurochemical effects of music and music therapy.	
CHAPTER 4: Comfort <i>or "Before There Was Prozac, There Was You"</i>	III
Why we listen to sad music when we're sad. Lullabies and the blues. (And a short story about depressed restaurant workers pushed to the edge by a happy song.)	

CONTENTS

CHAPTER 5: Knowledge	
<i>or "I Need to Know"</i>	137
Music as an information-bearing medium. Learning, memory, and oral histories.	
CHAPTER 6: Religion	
<i>or "People Get Ready"</i>	189
The role of music and ritual in creating order, reducing ambiguity, and commemorating important times and events	
CHAPTER 7: Love	
<i>or "Bring 'Em All In"</i>	229
The sense of hearing and the prefrontal cortex. Tools, musical instruments, and shaping the environment. The evolution of social structure.	
Appendix	291
Notes	295
Acknowledgments	335
Index	337